

COMPETITION INFORMATION



2021

TRAMP

VERSION 1 – 9th July 2021



VIRTUAL GYMNASTICS COMPETITION EXPERIENCE

OPEN CLUB VIRTUAL COMPETITION INFORMATION TRAMPOLINE, DMT, TUMBLING & TRAMPETTE

www.v-tramp.org

We are excited to invite you to enter the second of our innovative **Open Club Virtual Competitions** in **October 2021**. This style of competition was specifically devised to provide alternative competition provision in 2020 and beyond. We are delighted to announce the inclusion in 2021 of **trampette**. We hope that Team Gym and other gym clubs will enjoy this inclusion along with **trampoline**, **DMT** and **tumbling** clubs.

V-TRAMP competition is an annual open worldwide event into which all clubs are welcomed. **V-TRAMP** offers multiple team, individual and synchronised events, plus boasts **prize money** and **vouchers** gifted by our partners.

Due to its virtual nature there is absolutely no restriction on numbers that can enter providing competition requirements can be met and competitors are welcome to enter all disciplines. The 2020 **V-TRAMP** event featured all ability levels from novice to the amazing Rosie MacLennan, the London and Rio trampoline Olympic Champion.

Additional information to help you understand this virtual competition concept can be found on the **V-TRAMP** website at www.v-tramp.org. Should you need further information please email info@v-tramp.org. If interested in **V-TRAMP**, please register your club on our website www.v-tramp.org. Registration is free and doesn't commit your club to entering. Once registered, you will receive updates and news.



TABLE OF CONTENTS

1. COMPETITION INFORMATION AND RULES
2. COMPETITION DISCIPLINES
3. PRIZE MONEY + AWARDS
4. COMPETITION DATES
5. ELIGIBILITY
6. OFFICIALS REQUIREMENTS
7. COST OF ENTRY PER INDIVIDUAL
- 7a EXCEPTIONS AND FREE ENTRIES
8. COMPETITION ABILITY LEVELS
9. SUBMISSION OF ROUTINES, PASSES AND RUNS
10. JUDGING OF SUBMISSIONS
11. COMPETITION PASSWORD SYMBOL
12. DISCIPLINE GENERIC FILMING RULES
13. DISCIPLINE SPECIFIC FILMING RULES
- 13a TRAMPOLINE INDIVIDUAL & SYNCHRONISED
- 13b DOUBLE MINI TRAMPOLINE (DMT) and TRAMPETTE (MINI)
- 13c TUMBLING
14. TEAM EVENTS
- 14a V-TEAM 1 - THE ALL AROUND CLUB CHAMPIONS
- 14b V-TEAM 2 - INDIVIDUAL DISCIPLINE CLUB TEAM CHAMPIONS
- 14c V-TEAM 3 - GROUP TEAM EVENT
15. DISCIPLINE SPECIFIC REQUIREMENTS AND AGE GROUPS
- 15a TRAMPOLINE INDIVIDUAL (TRI)
- 15b TRAMPOLINE DISABILITIES
- 15c TRAMPOLINE SYNCHRONISED (TRS)
- 15d DOUBLE MINI TRAMPOLINE (DMT)
- 15e TUMBLING (TUM)
- 15f TRAMPETTE (MINI)
- 15g TRAMPETTE (MINI) STREAMING TEAM EVENT
- 16 VIRTUAL COMPETITION RULES

1 COMPETITION INFORMATION AND RULES

- Adherence to all of the Open Club Virtual Competition rules is mandatory in order for an entry to receive a score.
- All coaches, competitors and judges are advised to read this document as well as access the **V-TRAMP** website at www.v-tramp.org.

2 COMPETITION DISCIPLINES

- Trampoline individual (**TRI**)
- Trampoline Individual includes a disabilities category
- Trampoline Synchronised (**TRS**)
- Double Mini Trampolining (**DMT**)
- Tumbling (**TUM**)
- Trampette (**MINI**)

3. PRIZE MONEY + AWARDS

- Anyone entering the **V-OPEN** virtual events will have the opportunity to win a prize pool of **25%** of all event entry money received. This will be shared between the top three ranked competitors per group.
- **V-TRAMP** is in partnership with **Rebound Products, Milano Pro Sport, Algarve GymCamps, Sport & Leisure Services Ltd** and **Bear Products**. All of our partners have gifted great prizes for many different events. See **AWARDS** for all prizes and **PARTNERSHIPS** for website information on all of our terrific partners.
- All gymnasts and nominated coaches will receive a commemorative participation certificate, and all individual gymnasts ranked in medal positions will receive a medal.
- There are team awards and prizes too. See **14** for team information.

4. TOURNAMENT DATES

- The entry portal via a link on the website will open at midnight on Saturday **2nd October** 2021 GMT.
- Entries will close at midnight on Saturday **30th October** 2021 GMT
- Late entries will not be accepted.
- It is the intention to have results released by **mid November** 2021.
- Results published will include all routines, passes and runs submitted regardless of whether a gymnast achieves a finals place or not.
- All submitted videos will be able to be viewed along with the results.
- **V-TRAMP** reserves the right to change competition dates.

5. ELIGIBILITY

- All gymnasts and clubs entered are required to be members of a governing body.
- All gymnasts entered will be aged 9 years and older in 2021.
- Gymnasts are restricted to one entry per competition discipline plus the **V-OPEN** events. See **F.A.Q.** information.
- Those entering the disabilities category, **V-PARA**. See **15b** for information.

6. OFFICIALS REQUIREMENT

- Judges will judge remotely from home and must have access to the internet and Microsoft Excel 2010 or later.
- Nominated judges must hold a governing body judging qualification.
- Independent judges are welcome to volunteer to officiate through the entry system or by contacting judging@v-tramp.org directly and registering interest.
- As a new discipline to **V-TRAMP** there is no requirement for those entering **MINI** to offer judges. However judges are welcome to volunteer to judge.
- Competitors in this event may not be submitted as officials.
- Where clubs do not have a judge they may offer a judge from another club currently not nominated.
- With the exception of **MINI** each club will submit with their entry a minimum of 1 qualified judge for up to 15 gymnasts entered. Two qualified judges are required for between 16 and 30 entries etc.
- For **TRI** only, a second judge if required may be a timing judge i.e. a person experienced at timing routines.
- All Selected judges will be required to access the website for judging instructions once notified.
- Judges used will receive an ex gratia appreciation gift of **15%** of the entry money to be distributed pro-rata.

7 COST OF ENTRY PER INDIVIDUAL

- £10.00 per individual entry
- £18.00 for individual entry to two events
- £24.00 for individual entry to three events
- £28.00 for individual entry to four events
- £30.00 for individual entry into five or more events

7a EXCEPTIONS AND FREE ENTRIES

- Entry into a synchronised trampoline event is open only to those entered into one or more individual event (any discipline) and is **free of charge**.
- Entry into a **V-PARA** event is **free of charge**.
- Entry into the **V-MINI** streaming team event is **free of charge** to any gymnast already entered in the **MINI** individual event.
- Entry into **TRI, DMT, TUM & MINI** team events will be automatic and **free of charge**.

8. COMPETITION ABILITY LEVELS

To ensure fairness you are requested to enter your gymnasts' into the competition group which best reflects their ability. See **15** for discipline specific requirements for each ability level plus age groups.

- **TRI** has 5 ability levels - **V-START** – (VIRTUAL START), **V-BASE** (VIRTUAL BASE), **V-CLUB** (VIRTUAL CLUB), **V-ELITE** (VIRTUAL ELITE), **V-OPEN** (VIRTUAL OPEN).
- **DMT** and **TUM** have 4 ability levels – **V-BASE** (VIRTUAL BASE), **V-CLUB** (VIRTUAL CLUB), **V-ELITE** (VIRTUAL ELITE) and **V-OPEN** (VIRTUAL OPEN)
- **TRI – V-PARA** (DISABILITIES) has 2 ability levels - **V-PARA 1** and **V-PARA 2**.
- **TRS –V-SYNCH** has 1 ability level.
- **MINI** has 3 ability levels – **V-BASE** (VIRTUAL BASE), **V-CLUB** (VIRTUAL CLUB), **V-ELITE** (VIRTUAL ELITE)
- **V-MINI** is a streaming team event for **TRAMPETTE** and has 2 ability levels – **V-MINI 1** and **V-MINI 2**.

9. SUBMISSION OF ROUTINES, PASSES AND RUNS

- **ALL TRI, DMT** and **TUM** gymnasts will submit video footage of their preliminary rounds and their final round(s).
- For the individual event in **MINI** gymnasts will submit video footage of **three** different passes in any chosen order.
- **TRS** (synchronised) gymnasts will submit preliminary rounds only.
- In order to achieve the highest filming quality, we recommend filming is undertaken using a current smart phone or tablet device.
- All footage **must** be filmed in **landscape**.
- Each routine/pass/run submitted must be unique. You may not use the same video file for different rounds.
- For **DMT, TRI** and **TUM** final routines/passes/runs will be submitted at the time of entry along with preliminary round submissions.
- For all disciplines - gymnasts are **not** required to submit difficulty cards.

10. JUDGING OF SUBMISSIONS

- All gymnasts will have their **entire** submission judged. The top 8 ranked gymnasts at the conclusion of the preliminary events for all competition groups will compete in the final (except **TRS** and **MINI**)
- A scaled Time of Flight will be added to all **TRI** preliminary rounds and routines of all finalists (see **16**).
- Gymnasts may submit nothing less than completed competition routines, passes or runs.
- All submissions must be clearly audible.

11. COMPETITION PASSWORD SYMBOL

- Once the entry portal opens all clubs will be issued with a competition password symbol.
- Filming of routines/passes/runs for entry may only take place after the entry portal opens.
- To prove authenticity of filming, a password symbol must be applied to **all** submissions.
- The password symbol will be accessible from the website once the entry portal is open.
- The password symbol must be downloaded from the website or drawn and displayed clearly on a white background (piece of paper or white board) either prior to or immediately at the conclusion of filming.
- The password symbol and routine/pass/run filming must take place in one continuous stretch, and the password symbol may not be added subsequently to the video.
- If gymnasts compete in any other events during the entry period they are not permitted to submit any routines/passes/runs from these events. Submissions must be unique to the virtual event.

12 DISCIPLINE GENERIC FILMING RULES

- When submitting videos, clubs are responsible for ensuring that permission has been granted for those visible to have their image used and published. Where those visible in video submissions are under 18 years old permission must be sought from their parents/guardians.
- **V-TRAMP** will not accept any responsibility for misuse of image rights.
- In order to achieve the highest filming quality, we recommend filming is undertaken using a current smart phone or tablet device.
- All footage must be filmed in **landscape**.
- Filming must take place indoors and under coach supervision.
- For clarity and to optimise judging outcomes it is advised that gymnasts are filmed against a clear light background wherever possible.
- All **TRA, TUM** and **DMT** gymnasts must be correctly attired for competition. See **FIG** website for specifications.
- All **MINI** gymnasts must be correctly attired for competition. See **European Gymnastics** code for specifications.
- Submitted videos must not display any audible information relating to the competing gymnast or text identifying their name or club. Examples of violations of this rule would be calling out a competitor's name during a pass, or a club name written on the recording.
- **TRI, DMT** and **TUM** gymnasts must compete on equipment complying with **FIG** norms for sizes etc. See **FIG** website for specifications.
- Gymnasts competing in **MINI** must compete on equipment complying with the **European Gymnastics** specifications.
- Clubs must adhere to the strict filming code set out below for each discipline.

13. DISCIPLINE SPECIFIC FILMING INSTRUCTION

In order to receive a score all footage submitted must be clear. Blurred footage may not be judged. The Chair of Panel will make the final decision on what constitutes blurred footage.

13a TRAMPOLINE INDIVIDUAL & SYNCHRONISED

- Before commencing filming it is recommended that clubs access an exemplar of a correctly filmed routine. (Available on the **V-TRAMP** website).
- Videos uploaded for entry may not exceed one minute in duration.
- Filming must commence and conclude with a gymnast presenting to the videographer.
- Routines must be filmed from the side of the trampoline, centrally positioned and a minimum of 5 metres distance from the trampoline.
- Height of filming must be between 2 and 4 metres from the floor.
- The camera must capture the routine in its entirety without being moved up and down. The head at the top of each element and feet at the point of contact with the trampoline bed must be visible at all times within the frame.
- Filming must continue until the routine has concluded, the gymnast has re-presented to the judges and is ready to leave the trampoline in a controlled manner.

13b DOUBLE MINI TRAMPOLINE (DMT) and MINI (TRAMPETTE)

- Before commencing filming it is recommended that clubs access an exemplar of a correctly filmed pass. (Available on the **V-TRAMP** website - www.v-tramp.org).
- It is desirable that filming commences with a gymnast presenting to the videographer.
- Passes must be filmed from adjacent to the double mini trampoline/trampette centrally at 5 metres distance, and will be filmed to reflect what a judge would see from start to finish of the pass including the run up and the landing.
- The head at the top of each frame and feet at the bottom must be visible at all times within the frame without movement of the camera up and down.
- Landings must be controlled with filming continuing until the gymnast re-presents to the judges and leaves the landing area.
- Passes must be filmed using a current competition landing mat with landing zones clearly visible. For **DMT**, where clubs do not have a marked landing zone they are required to create a landing zone using tape or similar for judging purposes. Dimensions must comply with **FIG** rules. See **FIG** website for specifications.
- The landing area for **MINI** must be set at a landing height of between 30 and 35cm and may have a soft landing mat of 10cm depth placed on top.

13c TUMBLING

- Before commencing filming it is recommend that clubs access an exemplar of a correctly filmed run. (Available on the **V-TRAMP** website - www.v-tramp.org).
- Runs must be filmed at a 5 metres distance from the track, and from where the tumbling judges would normally sit. (This will be between two thirds and three quarters of the way down the track). Runs will be filmed to reflect what a judge would see from start to finish of the run including the landing.
- It is desirable that filming commences with a gymnast presenting to the videographer.
- The head at the top of each frame and feet at the bottom must be visible at all times within the frame without movement of the camera up and down.
- Landings must be controlled with filming continuous until the gymnast re-presents to the Judges and leaves the landing zone. Where clubs do not have a marked **TUM** landing zone, for judging purposes they are required to create a landing zone using tape or similar. Dimensions must comply with **FIG** rules. See **FIG** website for specifications.

14 TEAM EVENTS

- The Open Club Virtual Tournament will provide three different team events. All events have **free entry** and are **automatic**, so **no** team nominations are required.
- For the **V-MINI** streaming team event see **8** and **15c**.

14a V-TEAM 1 - THE 'ALL AROUND' CLUB CHAMPIONS

- In **TRI**, **DMT** and **TUM** the top preliminary score posted by each club per discipline per gender will be added together to determine the 'All Around' Club Champions.
- A gymnast may have their score used for more than one discipline.
- There will be certificates for all teams.
- The winning clubs will be gifted prizes by **Algarve GymCamps** and **Bear Products**. See **AWARDS** and **PARTNERSHIPS**.

14b V-TEAM 2 - INDIVIDUAL DISCIPLINE CLUB TEAM CHAMPIONS

- Each discipline will have a Club Team Winner.
- Each club's top four preliminary round scores per gender taken from across the discipline levels will be added together. The highest club score will be the Club Team Winners.
- For **TRI** categories, difficulty will be removed from the first round of those groups using the FIG A and FIG B criteria before the two round scores are calculated.
- Only two sets of scores per gender may be used from one competition level. The remaining scores will be taken from other competition levels.
- A competitor may only contribute one set of scores per discipline to the Individual Discipline Club Team event.
- The highest set of scores will be automatically selected.
- There will certificates for all teams.
- The winning clubs in **TRI**, **DMT**, **TUM** and **MINI** will be gifted a prize by **Milano Pro Sport**. See **AWARDS** and **PARTNERSHIPS**.

14c V-TEAM 3 – GROUP TEAM EVENT

- Where clubs have three or more gymnasts in a designated group these will constitute a team.
- **V-TEAM 3** scores will be calculated by adding together a club's three highest first round scores and their three highest second round scores. Clubs will then be ranked according to their total team score.
- **TRI** calculation is made according to gender, age group and ability level.
- For **TUM** and **DMT** the calculation will be made on the gender and discipline ability level.
- For **MINI** the calculation will be made on the discipline ability level only.
- There will only be one team result calculated per club and certificates in merit order will be awarded to all teams.

15. DISCIPLINE SPECIFIC REQUIREMENTS AND AGE GROUPS

15a TRAMPOLINE INDIVIDUAL (TRI)

V-START – AGE GROUPS – 9/10, 11/12, 13/14, 15/16, 17+ with both male and female competition categories. If the entry into **V-START** age groups 9/10 and 11/12 does not exceed 20 per group and per gender, **V-TRAMP** reserves the right to combine the group into a 9-12 age group.

- The first routine is comprised of 10 different elements.
- The first routine must contain 3 elements with a **minimum** of 270° of somersaulting rotation, no more and no less.
- The second routine is a voluntary routine of 10 elements with a **maximum** difficulty of 3.0.
- The third (final) round routine is a voluntary routine of 10 elements with a **maximum** difficulty of 3.0.
- Gymnasts will submit all three routines for judging.

V-BASE – AGE GROUPS - 9/10, 11/12, 13/14, 15/16, 17+ with both male and female competition categories. If the entry into **V-BASE** age groups 9/10 and 11/12 does not exceed 20 per group and per gender, **V-TRAMP** reserves the right to combine the group into a 9-12 age group.

- The first routine is comprised of 10 elements.
- 6 elements must have a **minimum** of 270° of somersaulting rotation to include a **minimum** of one element to land on the back or front.
- The second routine is a voluntary routine of 10 elements with a **maximum** difficulty of 6.5.
- The third (final) round routine is a voluntary routine of 10 elements with a **maximum** difficulty of 6.5.
- Gymnasts will submit all three routines for judging.

V-CLUB – AGE GROUPS – 9-12, 13/14, 15/16, 17+ with both male and female competition categories.

- The first routine is comprised of 10 elements.
- 8 elements must have a **minimum** of 270° of somersaulting rotation to include a **minimum** of one element to land on the back or front.
- 1 element also must contain a **minimum** of 360° of somersaulting rotation with a **minimum** of 360° twist or one element with a **minimum** of 720° of somersaulting rotation with or without twist.
- The second routine is a voluntary routine of 10 elements with a **maximum** difficulty of 8.0
- The third (final) round routine is a voluntary routine of 10 elements with a **maximum** difficulty of 8.0
- Gymnasts will submit all three routines for judging.

V-ELITE – AGE GROUPS – Ages as per WAGC/FIG - 11/12, 13/14, 15/16, 17-21, 17+ with both male and female competition categories.

- **W.A.G.C** + Senior **FIG** specifications apply to this level of competition.
- Gymnasts will submit first, second and final round routines.
- Gymnasts aged 15+ may enter both **V-ELITE** and the **V-OPEN** categories.
- For first routines receiving difficulty values - the elements receiving the highest difficulty and **not** repeated in the second routine will constitute a gymnast's starred/tariff elements. The difficulty judges will determine and record the difficulty value.

V-OPEN – AGE GROUP – 15+ with both male and female competition categories.

- Gymnasts must be aged 15+ to enter this event.
- Gymnasts may enter both **V-ELITE** and **V-OPEN** events.
- Senior **FIG** specifications apply.
- Gymnasts will submit first, second and final round routines.
- For first routines receiving difficulty values - elements receiving the highest difficulty and **not** repeated in the second routine will constitute a gymnast's starred/tariffed elements. The difficulty judges will determine and record the difficulty value.
- Prize money will be awarded to the three highest ranked gymnasts per gender following a zeroed final.
- The club of each winner will be gifted a voucher from **Rebound Products**. See **AWARDS** and **PARTNERSHIPS**.

15b TRAMPOLINE DISABILITIES (V-PARA)

V- PARA – AGE GROUPS – 9-12, 13-16, 17+. **V-PARA** has mixed gender competition groups.

- The **V-PARA** category is designed to provide a parallel virtual opportunity for people with disability or impairment which restricts their entry into the other virtual **TRI** competition levels.
- All gymnasts entering **V-PARA** will have a disability recognised by international disability sport organisations. Disabilities definitions are laid down by **W.H.O.** (World Health Organisation).

V-PARA ROUTINE REQUIREMENTS

V-PARA 1

- The first routine is comprised of 10 different elements containing a **maximum** of 2 elements with a **minimum** of 270° of somersaulting rotation.
- The second routine is a voluntary routine comprised of 10 elements with a **maximum** difficulty of 1.9.
- The third (final) routine is a voluntary routine comprised of 10 elements with a **maximum** difficulty of 1.9.
- Gymnasts will submit all three routines for judging.

V-PARA 2

- The first routine is comprised of 10 different elements with a **minimum** difficulty of 2.0.
- The second routine is a voluntary routine comprised of 10 different elements with a **minimum** difficulty of 2.0.
- The third (final) round routine is a voluntary routine of 10 elements with a **minimum** difficulty of 2.0.
- Gymnasts will submit all three routines for judging.

15c TRAMPOLINE SYNCHRONISED (TRS)

V-SYNCH – AGE GROUPS – 9-12, 13-16, 17+. **V-SYNCH** pairings may be the same or mixed gender.

- Gymnasts will compete with 2 voluntary routines each comprised of 10 elements, with a minimum of 270° of somersault rotation per element.
- Both routines will have difficulty added.
- Of the two routines the highest scoring will determine the ranking of the pair.
- There is no final round for **TRS** gymnasts.

15d DOUBLE MINI TRAMPOLINE (DMT)

- There is no minimum requirement in **DMT**. Clubs are advised to enter a category best suited to their gymnast's ability level. At all levels we recommend that gymnasts can compete with a **minimum** of 360° somersaulting rotation per element. Examples are shown below.
- FIG rules will apply.
- Gymnasts will submit 2 preliminary and 2 final passes for judging.

V-BASE – AGE GROUPS – 9-12, 13-16, 17+ with both male and female competition categories

- It is recommended that gymnasts entering this level will be able to compete with each element containing 360° of somersault rotation and with each **round** containing one element with a **minimum** of 180° of twisting rotations.

V-CLUB – AGE GROUPS – 9-12, 13-16, 17+ with both male and female competition categories

- It is recommended that gymnasts entering this level are able to compete with each **round** containing one element with a minimum of 720° of somersault rotation **or** one element with a minimum of 360° of twisting rotation.

V-ELITE – AGE GROUPS – 9-12, 13-16, 17+ with both male and female competition categories

- It is recommended that gymnasts entering this level are able to compete with each **pass** containing one element with a minimum of 720° of somersault rotation **or** one element with a minimum of 540° of twisting rotation.
- Gymnasts aged 15+ may enter both **V-ELITE** and the **V-OPEN** categories.

V-OPEN – AGE GROUP – 15+ with both male and female competition categories

- Gymnasts must be aged 15+ to enter this event.
- Gymnasts may enter both **V-ELITE** and the **V-OPEN** events
- It is recommended that those entering this level can compete with each **pass** containing at least one element of **at least 720°** of somersault rotation and each **round** containing a pass with at least two elements of a **minimum** of 720° of somersault rotation.
- Prize money will be awarded to the three highest ranked gymnasts per gender.
- The club of each winner will be gifted a voucher from **Rebound Products**. See **AWARDS** and **PARTNERSHIPS**.

15e TUMBLING (TUM)

- There are no minimum requirements in **TUM**. Clubs are advised to enter a category best suited to their gymnast's ability level. Examples are shown below.
- **FIG** rules will apply.
- Gymnasts will submit 2 preliminary plus final run(s) for judging.

V-BASE - 9-12, 13-16, 17+ with both male and female competition categories

- It is recommended that those entering this level execute their 8th element with a **maximum** of 360° of somersault with no twisting rotation.
- A gymnast will compete with 2 preliminary runs each comprised of 8 elements with a **maximum** difficulty of 2.7 per run.
- A gymnast will compete with 1 final run comprised of 8 elements with a **maximum** difficulty of 2.7.

V-CLUB - 9-12, 13-16, 17+ with both male and female competition categories

- It is recommended that those entering this level execute their 8th element with a **maximum** of 360° of somersault with up to 720° of twisting rotation.
- A gymnast will compete with 2 preliminary runs each comprised of 8 elements with a **maximum** difficulty of 3.5 per run.
- A gymnast will compete with 1 final run comprised of 8 elements with a **maximum** difficulty of 3.5.

V- ELITE - 9-12, 13-16, 17+ with both male and female competition categories

- It is recommended that those entering this level execute their 8th element with a **minimum** of 720° of somersault **and/or** 360° of somersault with 720° of twisting rotation.
- It is expected that those who have previously entered a **FIG** level event will enter **V-ELITE**.
- **W.A.G.C** and Senior **FIG** rules apply.
- Gymnasts aged 15+ may enter both **V-ELITE** and the **V-OPEN** categories.

V-OPEN – 15+ with both male and female competition categories

- Gymnasts aged 15+ may enter this event.
- Gymnasts may enter both **V-ELITE** and the **V-OPEN** events.
- Senior FIG rules will apply.
- It is recommended that those entering this level execute their 8th element with a **minimum** of 720° of somersault **and/or** 360° of somersault with 720° of twisting rotation.
- Prize money will be awarded to the three highest ranked gymnasts per gender.
- The club of each winner will be gifted a voucher from **Sport & Leisure Services Ltd**. See **AWARDS** and **PARTNERSHIPS**.

15f TRAMPETTE (MINI)

- **MINI** is a new discipline to **V-TRAMP** and is offered as both an individual and streaming team event for members of Team Gym and gymnastics clubs including schools and recreational gymnastics classes. Clubs, schools and recreational classes are advised to enter into a level best suited to their gymnast's ability level.
- The requirements for individual **MINI** are shown below. (See **15g** for **MINI** streaming team requirements).

V-BASE – AGE GROUPS - 9-12 is mixed gender, 13-16 and 17+ has male and female competition categories

- Gymnasts will compete with 3 passes none of which may contain any somersaulting rotation.

V-CLUB – AGE GROUPS - 9-12 is mixed gender, 13-16 and 17+ has male and female competition categories

- Gymnast will compete with 3 passes, one of which must be a single somersaulting element.
- The subsequent two passes may or may not include somersaulting, but any pass containing somersault may not exceed a single somersault in rotation.

V-ELITE – AGE GROUPS - 9-12 is mixed gender, 13-16 and 17+ has male and female competition categories

- Gymnasts will compete with three passes, two of which must contain a double somersault or more.
- The third pass may be any single somersault element or more.

15g MINI STREAMING TEAM EVENT – AGE GROUPS - 9-12 is mixed gender, 13+ has male and female competition categories.

- There are two ability levels for the streaming event - **V-MINI 1** and **V-MINI 2**.
- The requirements for **V-MINI 1** are those for **V-CLUB** and are written above in **15f**.
- There are **three** members in a **MINI** streaming team event
- All **three** team members will compete in each round of competition
- In the first round of competition each team member must compete with the same pass
- The team members will compete in a stream. See the **European Gymnastics** code.

16 TRI AMENDED VIRTUAL COMPETITION RULES

- For **TRI** due to difficulties in judging horizontal displacement in a virtual event, judging will revert to 5 execution judges, each judging execution and taking travel into account.
- The middle three execution scores will count.
- There will be no horizontal displacement (HD) score.
- For all preliminary round routines Time of Flight will be calculated by taking a raw height score for the routine minus an aggregated bed time determined from a sample of the routines submitted in each group.
- Time of Flight score will be calculated individually for all **V-OPEN** finalists. The aggregated method will be applied to all other finalists.